

Marty Turcios Therapeutic Golf

2025 IMPACT REPORT
Therapeutic Recreation Delivery
& Participant Outcomes

MTTG.ORG
Augusta, Georgia

Updated January 2026



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2025 Impact at a Glance

Participation & Self-Reported Progress

Outcomes are based on post-session verbal surveys collected from 104 unique participants during calendar year 2025. Responses were recorded using a standardized yes/no checklist.

Participation & Support

371
TOTAL PARTICIPANT VISITS
 Community + Active Duty participation in recurring weekly therapeutic golf clinics

85
VOLUNTEER VISITS
 Supporting programs

261 **COMMUNITY VISITS**

- 133 Unique Participants
- 65% returned for additional sessions (86 individuals)
- Returning participants accounted for 82% of all visits

144
VOLUNTEER HOURS
 Total Cumulative volunteer contribution

110 **ACTIVE DUTY MILITARY VISITS**

- 110 Unique Participants

What Participants Report

98%

report feeling better after participating

89%

report feeling more confident about staying active

94%

report feeling more connected to others

100%

report feeling that their golf skills improved

72%

report feeling more self-reliant in their activities

Participation and outcome figures reflect MTTG program records and participant surveys for calendar year 2025.

Program Delivery Model | 77 Events in 2025

Weekly Clinics (Frequency) → On-Course Experiences → Ongoing Participation

50

Weekly Golf Lesson Clinics

Foundational instruction for individuals of all ages with mobility, sensory, or cognitive impairments, including traumatic brain injury. Clinics emphasized repetition, pacing, and individual adaptation.

16

Active Duty Military Clinics

Delivered in coordination with Eisenhower Army Medical Center at Fort Eisenhower for Active Duty Servicemembers participating in Functional Recovery Programs (FRP).

10

9-Hole On-Course Experiences

Optional on-course sessions that allowed participants to apply skills in a real-world setting, using adaptive equipment as needed. These experiences emphasized confidence, independence, and continuity beyond the clinic environment.

1

Annual Adaptive Golf Tournament

A community-based event that brought together athletes living with disabilities from across the Central Savannah River Area (CSRA) for a structured, supportive, competitive, and social experience.

All programs were at no cost to reduce financial barriers to participation.



Letter from Marty Turcios

When I started Marty Turcios Therapeutic Golf, I was not trying to build a large organization. I was trying to build something steady - a place people could return to, week after week, as they worked to stay active, stay engaged, and keep a sense of control over their own lives after injury, illness, or disability.

What this program looks like is shaped by how the work actually happens. People show up, we take our time, and we work on what they can do. And then they come back and do it again.

In 2025, we held 77 clinics and outings and welcomed new people into the program, including Active Duty Servicemembers who came through our clinical partnerships. Those numbers matter to me not because they are big, but because they represent people who kept coming back and kept trying.

What I notice most isn't just what happens during a session. It's what happens after. I've seen people come back after surgery, and I've seen people come back after setbacks.

I've seen people who hadn't been active in a long time start showing up again, making plans again, and doing more for themselves again. That kind of change happens when someone has a place they can keep returning to.

This year marks 15 years of this work, and I'm grateful to the people who make it possible - the partners, the assistant instructors, the volunteers, and especially the participants who show up and do the work.

I'm also thankful to the organizations who trust us enough to bring their patients and communities here.

Thank you for taking the time to read this report and learn about MTTG.



Marty Turcios, MS
Founder & Executive Director

About MTTG.

Marty Turcios Therapeutic Golf (MTTG) is a 501(c)(3) nonprofit based in Augusta, Georgia. We serve Veterans, children, and adults living with disabilities by providing community-based therapeutic golf programs that support physical activity, confidence, and independence.

Since our founding in 2010, MTTG has focused on helping individuals remain engaged in meaningful activity and regain a greater sense of control over their own time, choices, and daily routines following injury, illness, or disability.

More Than Lessons. At MTTG, therapeutic golf blends adaptive instruction with principles of recreation therapy. Our programs use golf as a structured, evidence-informed therapeutic recreation to support physical, cognitive, emotional, and social participation.

Rather than focusing on performance or competition, our approach emphasizes readiness, confidence, and long-term engagement. A central goal of this work is helping participants develop a more self-directed mindset - **experiencing what independence feels like in real time, and then carrying that confidence into daily life beyond the course.**

Our Mission.

To expand access to therapeutic recreation through golf, helping Veterans, children, and adults living with disabilities stay active, build confidence, and develop greater independence in their daily lives.

In an October 2025 interview, Marty Turcios discussed the philosophy behind MTTG and how therapeutic recreation principles shaped his life, and his approach to golf instruction.



Local partners and supporters often ask Marty to explain **what makes MTTG different. This conversation is one of the clearest answers.** We invite you to read the full interview.



The Need We Address

Across the Central Savannah River Area (CSRA), approximately 1 in 7 residents (134,558 people) lives with a disability¹, including individuals recovering from injury, managing chronic conditions, or adapting to changes in mobility or cognition.

While clinical rehabilitation is essential, many people find that once formal care ends, access to affordable, welcoming community-based activity becomes much harder to find. Cost, limited availability, and a lack of programs designed for ongoing recovery often leave people with few realistic options to stay active and engaged.

Golf is a lifelong, adaptable activity that can be played in many different ways and at many different levels. **Yet participation remains low, even though 35% of people with disabilities who do not currently play golf report being interested in learning.**

Taken together, this points to a simple and very human problem: many people want to stay active and involved, but do not have access to consistent, supportive, and appropriately structured opportunities to do so. **That is the gap MTTG exists to help fill.**

1. Source: U.S. Census Bureau data as of 2024

The Mobility Gap

1 in 7

Neighbors in our region lives with a disability.

40%

of adults with disabilities report no regular aerobic physical activity, often due to a lack of accessible programs.

The Impact of Therapeutic Golf

72%

of participants report greater self-reliance in daily life.

94%

report a stronger sense of community belonging.

89%

report increased confidence about staying active.

Participant outcomes reflect post-program self-reporting collected during calendar year 2025.

Looking Ahead: 2026 Program Delivery Goals.

1

Extend Access Through Mobile and On-Site Clinics

In 2026, we are expanding clinical partnerships delivered at the range and will pilot mobile/on site clinics directly at partner facilities: beginning with rehabilitation centers, and then scaling to assisted living communities, and step-down care facilities.

This allows us to reach people who are not yet able to access community based programs and gives them a way to start being active again where they already are. It also builds on our existing clinical partnerships and keeps access and consistency at the center of what we do.

2

Increase 9-Hole On-Course Experiences

In 2025, we hosted 10 on-course experiences at no cost to participants. In 2026, we plan to offer more. These outings let participants use what they learn in clinics in a real-world setting with our instructors and build confidence beyond the range.

3

Expand the MTTG Adaptive Golf Tournament

In 2026, we plan to host an expanded adaptive golf tournament for about 25 athletes from across the CSRA. This event is not a fundraiser - it is about participation, community, and giving people a meaningful experience at no cost.

MTTG Board and Staff Leadership



Martin Turcios
Executive Director



Melody Lacy
Secretary /
Treasurer



Kandra Seng
Board Advisor
(Clinical Partnerships)



Sara Hillyard
Board Advisor
(Community Outreach)



Dan Ruder
Vice Chair
(Chief Strategy Officer)



Expanded Bios

Based on current delivery structure, MTTG has capacity to modestly increase clinic frequency while maintaining program quality and participant continuity.

Serving Those Who Serve



16 Dedicated Military Clinic Days in 2025

110 Active Duty Servicemember visits

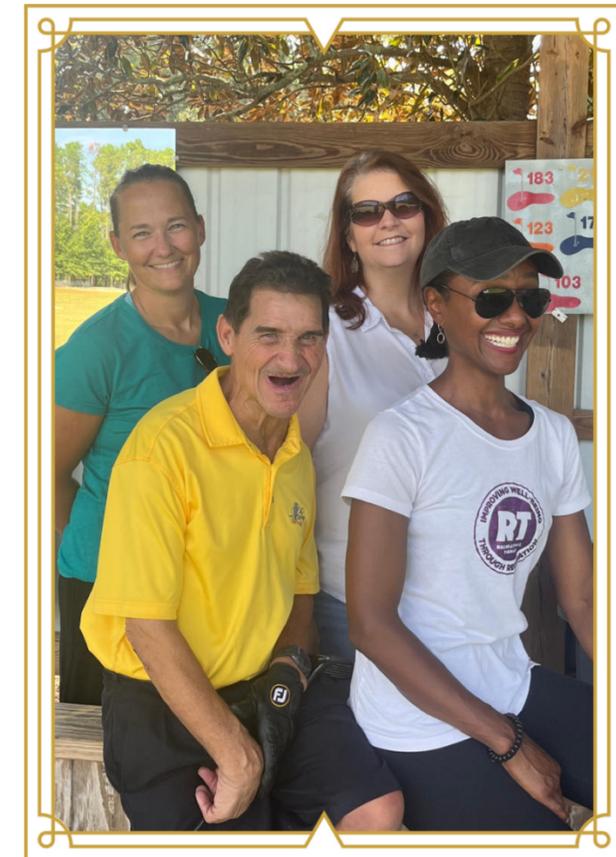
Throughout the year, MTTG partnered with Dwight D. Eisenhower Army Medical Center (EAMC) to deliver therapeutic golf clinics for Active Duty Servicemembers participating in Functional Recovery Programs (FRP) in Georgia and South Carolina.

These clinics complement ongoing medical and rehabilitation care by providing consistent, structured activity outside the clinical setting. EAMC therapists support participants during sessions, while MTTG leads instruction.

Through this partnership, Servicemembers practice movement, balance, and engagement in a setting that emphasizes participation, confidence, and continuity rather than performance.

In Their Own Words

- *"I started playing golf about a year ago with my wife. It helped with some of the issues I was dealing with, and I even paid for lessons. But I learned more in this one session today than I have in the entire past year. I didn't expect how good this would be. Today has been a big boost to my motivation and is something I want to keep doing." - Servicemember*
- *"I've been thinking that I need to have hobbies again." - Servicemember*
- *"This makes me feel like I'm back on my feet, my old self." - Servicemember*



Marty Turcios pictured with therapists from Dwight D. Eisenhower Army Medical Center during a Functional Recovery Program clinic.

Website Modernization: A New Chapter for MTTG

In 2025, MTTG completed an update to its website to improve how participants, partners, and supporters connect with the organization. This work focused on making program information easier to find, simplifying participation, and creating a clearer and more consistent way to communicate MTTG’s purpose & programs.

Why it matters

Participants and families can now easily view upcoming clinic dates, RSVP for sessions, and plan ahead. These improvements reduce administrative friction, make participation more predictable, and support MTTG’s emphasis on consistency and continuity.

What’s new

The updated site includes a redesigned clinic registration experience and the launch of the **Green Journal**, a blog where Marty shares his lived experience and reflections on the role of golf and recreation in building confidence, independence, and connection.

How it supports participants & the community.

The website also serves as a resource for partners, clinicians, and community members who want to better understand MTTG’s approach and programs. It provides a consistent, accessible way to learn about the work and stay connected over time.



As MTTG improved how it communicates and shares its work, community engagement grew as well. In 2025, MTTG saw a 51% increase in social media following, reflecting broader awareness of the program and stronger ongoing connection with participants, families, and supporters.

In Appreciation

Celebrating Outstanding Volunteer Service



In 2025, Marty Turcios recognized Ricky Smith for his consistent and invaluable volunteer service by presenting him with the MTTG Outstanding Volunteer Award during the annual adaptive golf tournament. Ricky's support plays an important role in the day-to-day work of the program and reflects the kind of commitment that makes MTTG's clinics and events possible.

From serving as one of our trained assistant instructors to preparing for lesson clinics to transporting adaptive equipment, Ricky Smith provided consistent, hands-on support throughout the year.

"Marty and his program have changed my life, and I see that same joy in everyone here. Standing with this community, I've found strengths I thought I had lost. I am deeply moved, and it's an honor to support Marty's commitment and to be part of this program."

- Ricky Smith

2025 MTTG Outstanding Volunteer



Our 2025 Mission-Aligned Partners

Our programs are made possible through collaboration with community, healthcare, and golf partners.



Eisenhower Army Medical Center is a key healthcare partner of MTTG, supporting community-based therapeutic recreation for Active Duty Servicemembers participating in Functional Recovery Programs.



The USGA supports MTTG's efforts to advance adaptive and therapeutic golf, reinforcing shared commitments to access and inclusion for golfers of all abilities.



The Georgia State Golf Association collaborates with MTTG through adaptive golf efforts in Augusta, helping expand awareness and participation in adaptive golf across for people across the CSRA.



Wedges & Woods Golf Center is a long-standing community partner of MTTG, providing consistent access and support for year-round therapeutic golf clinics serving the CSRA.



Augusta University partners with MTTG to support experiential learning and professional development for graduate students in Physical Therapy, Occupational Therapy, and Recreational Therapy.



Through the National Alliance for Accessible Golf, MTTG contributes to and learns from a national network focused on accessibility, inclusion, and best practices in adaptive golf.

Our Supporters

Community & Philanthropic Support

The Community Foundation for the CSRA.

Served as the administrative partner for a donor-advised gift from a private group supporting local charitable organizations.

The Forest Hills Golf Association.

A member-led group that supports local charities and does not operate as a formal organizational entity.

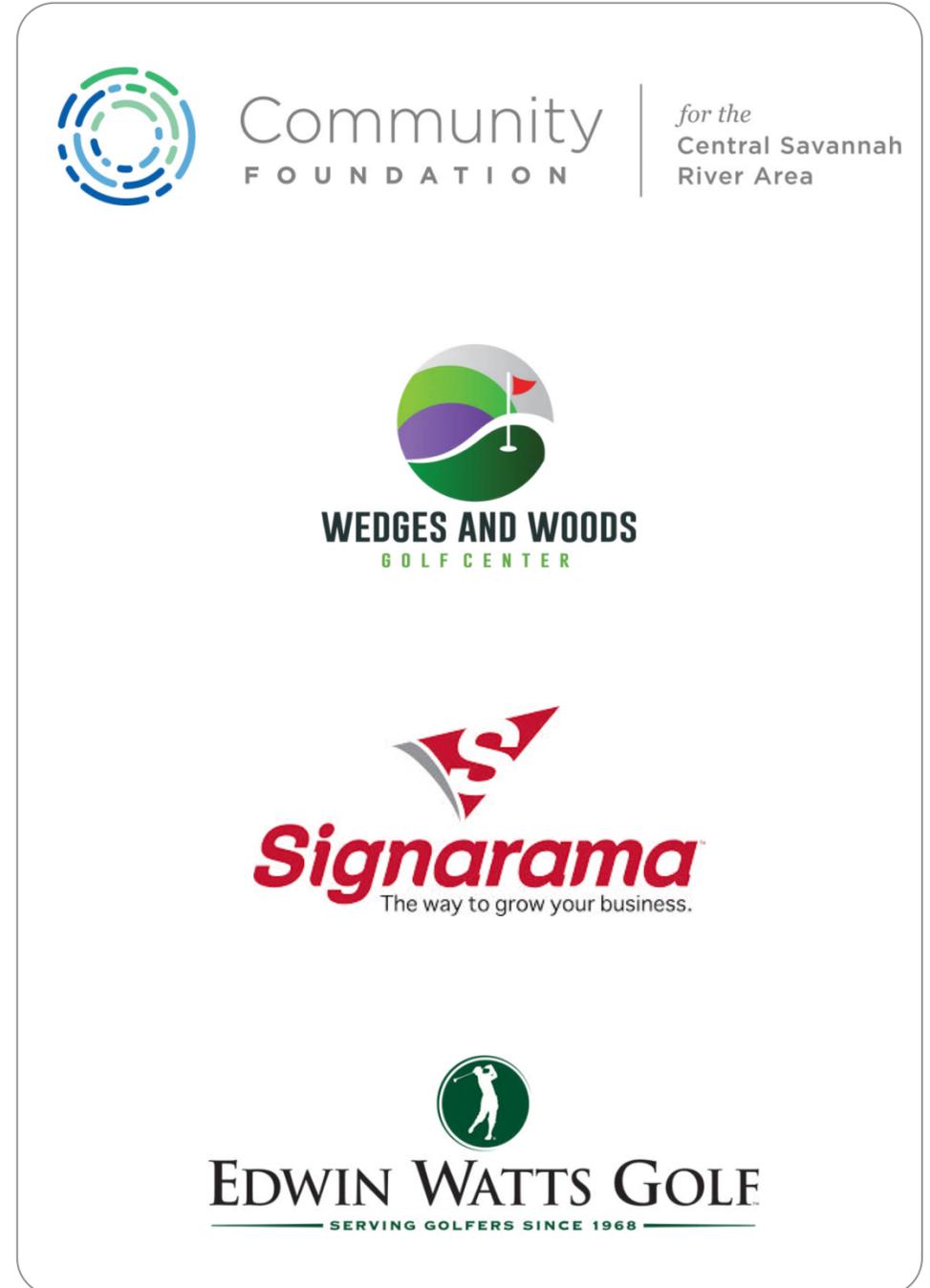
Program & In-Kind Support

Wedges and Woods Golf Center

Signarama Augusta, GA

Edwin Watts Golf, Martinez, GA

Support acknowledged for calendar year 2025



In Their Own Words

“I’m not a golfer, but this helps me stay active during my recovery. These clinics are safe, fun, and easy to do.”

- MTTG Participant (2025)



“Marty Turcios Therapeutic Golf has been life changing for me. Marty has a true gift for teaching the golf swing to anyone. He genuinely cares, and the fellowship and enjoyment during sessions makes you want to come back again - to learn, laugh, and support each other.”

*- Rob Strob
U.S. Army Veteran,
MTTG Participant (2025)*



In Their Own Words

“When you come to the clinics, you learn new skills and have fun at the same time. Marty does a wonderful job with one-on-one coaching and helps everyone see real progress.

*I’m deeply grateful for Marty’s help. He challenges me as a golfer and **gives me something to look forward to every week.**”*

- Julie Shade
Adaptive Golfer,
MTTG Participant (2025)



Photo: Julie Shade prepares to tee off during a 2025 MTTG on-course therapeutic golf session.

How Support Expands Access

MTTG's program model is designed so that each clinic session directly translates into participant access.

\$100 ≈ One Therapeutic Golf Clinic

This reflects direct program delivery expenses based on 2025 operations and 5 participant visits per clinic.



Adaptive Supplies



Instruction



Program delivery

2025 Delivery

- 77 clinics delivered
- 371 participant visits
- All programs offered at no cost

Direct Program Delivery

≈ \$100 per clinic

Full Organizational Sustainability

≈ \$170 per clinic

Because MTTG's delivery infrastructure is already in place, approximately \$100 in additional program funding enables one additional therapeutic golf clinic session serving multiple participants in the community.

Additional program funding directly increases the number of clinics MTTG can offer.

Strengthening What Works

MTTG delivered 371 participant visits in 2025 at no cost to participants.

As outlined on the previous page, program funding directly supports additional therapeutic golf clinic sessions in the community.

MARTY TURCIOS THERAPEUTIC GOLF IS A REGISTERED
501(C)(3) NONPROFIT ORGANIZATION

Thank you for taking the time to learn about MTTG and our work.

MTTG exists to expand access to therapeutic recreation through golf, helping people stay active, build confidence, and develop greater independence.

The progress described in this report is made possible through the combined efforts of partners, volunteers, and donors.

We know what works. The pace at which we can sustain and expand these programs depends on the support available to do it well.

If you would like to help sustain and grow these programs in 2026, we invite you to contribute.

Donate





2025 Impact Report

Updated January 2026

Marty Turcios Therapeutic
Golf is a registered 501(c)(3)
tax-exempt organization.
EIN 27-1356026

MTTG expands access to
therapeutic recreation through golf.

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Augusta, Georgia

Visit [MTTG.org](https://www.mttg.org)

